

2025 Donor Impact Report

Presented to: ALECTRA

BUILDING A NEW KIND OF HEALTH CARE TOGETHER



THANK YOU, ALECTRA!

Dear Blair and Lynne,

On behalf of Trillium Health Partners (THP), We want to express our sincere gratitude for your generous donation of \$150,000 in 2024 toward your pledged commitment of \$1.05 million. Your support plays a crucial role in advancing our mission to redefine health care—one that places a strong emphasis on mental health and effective well-being.

As a long-time advocate for mental health and a steadfast supporter of the Institute for Better Health (IBH), your partnership means the world to us. Your contributions are helping to create a future where mental health care is more accessible, equitable, and effective. The collaboration between Alectra and the Mental Health Program at THP is paving the way for positive change that will impact many lives.

Additionally, your leadership within the community is invaluable. Your efforts not only raise awareness but also inspire others to get involved in the largest community hospital campaign in our region. We greatly appreciate your support in amplifying our message through community matching opportunities and social media collaborations, helping to build momentum for this transformative initiative.

The Alectra team has been a cornerstone of philanthropic support for Trillium Health Partners Foundation. Your generosity and commitment have fostered a culture of giving that continues to make a tangible difference in the lives of countless individuals.

On behalf of all the patients and families who will benefit from your generosity, thank you once again for your ongoing leadership and support. We are incredibly fortunate to have you by our side as we embark on this journey to build a healthier, more resilient community.

With warmest regards and deepest appreciation,



Dr. Laura Rosella
Chief Scientist
Institute for Better Health



Dr. Deborah Scharf
Senior Clinician Scientist
Institute for Better Health



Nicole Lamont
Senior Vice President, Philanthropy
Trillium Health Partners Foundation

RESHAPING AND STRENGTHENING OUR MENTAL HEALTH SYSTEM

The need for a connected mental health and addictions system in our community has never been greater – there is growing recognition that our current mental health system is inadequate and inequitable, with too many people falling through the cracks. Alectra's generous investment of \$1.05 million will help create new models of care that are equitable and meet the needs of our community members, with a focus on prevention, early detection, access and effective patient-centred treatment.

Your visionary funding has catalyzed this groundbreaking work, enabling mental health system improvement through advances in clinical and research programs. This includes conducting research in the key areas of population health, Learning Health Systems (LHS), integrated care, patient and family-centred care, implementation and evaluation science, all in collaboration with other members of the IBH team, the hospital's Mental Health Program and community partners.

We are thrilled to share that after an extensive international search, Dr. Deborah Scharf has joined THP as a Senior Clinician Scientist in Mental Health and Addictions. Our search was thorough and meticulous, as we sought a candidate with

Dr. Deborah Scharf, PhD, CPsych

the right blend of scientific expertise and clinical experience. Dr. Scharf's impressive credentials and comprehensive background in mental health and addictions make her the ideal leader for this pivotal role.

Dr. Scharf will serve in dual capacities within the Mental Health Program: clinically, she will work closely with the eating disorders team; and as Senior Scientist, she will collaborate with various clinical teams and IBH in the ongoing redesign of the mental health system. Her collaborative spirit and unwavering commitment to addressing healthcare inequities make her an invaluable addition to our team, propelling us toward a future where access to care is improved and outcomes are better for all.

Dr. Scharf is a highly respected clinical and health psychologist, registered with the College of Psychologists of Ontario. Prior to joining IBH, she was a tenured Associate Professor of Psychology at Lakehead University, where she also served as an Adjunct Professor of Health Sciences and Mental Health



Lead at the Enhancing the Prevention of Injury and Disability at Work Institute. Before that, she was a Full Behavioural Scientist at the world-renowned RAND Corporation where her research directly informed models of care specified in the Affordable Care Act. In addition to her academic and leadership roles, Dr. Scharf maintains a small private practice, providing evidence-based clinical interventions to individual adults and couples.

Her research is at the forefront of improving mental health and addiction care delivery systems, focusing on innovations in clinical quality measurement, training, service delivery, healthcare financing, and policy. Dr. Scharf's work includes pioneering studies in integrated care for underserved populations, including adults with serious mental illness, cancer, and comorbidities, substance use treatment models and policy as well as research aimed at improving care systems for injured workers and veterans.

Dr. Scharf holds both a Doctor of Philosophy and Master of Science in Clinical Psychology and Biological and Health Psychology from the University of Pittsburgh, and an Honours Bachelor of Arts in Psychology from McGill University.



Again, thank you Blair and Lynne.

Alectra's investment in Dr. Scharf's work is an investment in the future of mental health care. Together, with your continued support, we are poised to create a more equitable, accessible, and effective mental health system for all.

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